



## Games

- Have an online quiz/virtual pub quiz.
- Hold a virtual beetle drive.
- Play 'Guess Who' with each person in your group wearing different head/eye wear to differentiate them.
- Play Jenga with one person in charge of removing blocks, instructed by the other players.
- Have a treasure hunt. Hide items in the room behind you and get the other members of your group to see how many they can spot.
- I went to the supermarket and bought...test your memory and see if you can remember what each person bought in turn.
- A-Z game on any theme. Each person takes it in turns to name something beginning with the next letter of the alphabet.
- BINGO! One person acts as caller while everyone else competes for a line or a full-house.
- Virtual pictictionary with a twist. Only draw what is being described to you!

## Other

- Share your views in a virtual book/film club.
- Take part in meditation with friends/family.
- Watch the sky, cloud watch or stargaze...we're all looking at the same sun, moon and stars wherever we are.
- Take or plan a virtual trip with friends; where will you go, what will you see?
- Write to a pen friend or send an 'old fashioned' chain mail letter.
- Share a skill or do a talk for others about a hobby/interest.
- Call a friend, family member or neighbour for a chat.
- Learn a new language and use it to communicate with someone in another country.
- Do something to combat loneliness in your community or raise awareness of this issue.
- Take part in the #ClapForOurCarers or show your support for key workers in your community during the COVID-19 pandemic lockdown.