



Tote-ally-tee

This activity is a 'UMA' from the Express Myself (dark pink) theme. It counts for 15 minutes - remember you eventually need to have 300 minutes of UMA's for each theme.

Aim of activity: Try your hand at upcycling an old t-shirt to create a brand-new reusable bag.

What you'll need:

- An old t-shirt
- Scissors
- Safety pin

What to do:

You don't have to follow these exact instructions, there are lots of different ideas on the internet and you might find it easier to follow a video of someone else making the bag – have a look on YouTube.

1. Take your t-shirt and cut off the sleeves inside the seam, as in picture A.
2. Cut the sleeves into strips about 3cm wide. Cut them so they are no longer a circle and stretch them out.
3. To make the handles of the bag, cut out the t-shirt neck as shown in picture A. You can choose the shape you cut – v-shaped, round or square.
4. Go to the bottom of the t-shirt. Turn it inside out and cut three slits into the hem, as shown in picture B.
5. Take a sleeve strip and attach a safety pin to one end. Thread it through one of the slits and pull it round the hem to the next one, as in picture C.
6. Pull the strip tight, then tie it in a knot as tight as you can, like in picture D. Repeat this with the other slits so that you have three holes tied.
7. Finally, tie the stings from each knot to each other, then cut off the excess material or make a bow. Turn your bag so it's no longer inside out.
8. Feel free to decorate your bag if you want to.
9. Send us a picture so that we can sign the activity off and add the time to your record.

