



Communicate Stage 3

We always do a Skills Builder badge every term, however it's a bit tricky for us to do them on Zoom.

We know some of you are eagerly working towards your Bronze, Silver and Gold Awards and so you are keen to complete the Skills Builders. Here are the activities for if you want to earn the badge – it is optional.

To earn the Communicate Stage 3 Skills Builder, you need to complete the following challenges -

Beat the butterflies

Have a think about what makes you feel nervous. For example, you might feel nervous if you have to speak during an assembly at your school, or you might be nervous during a piano exam, or before a big football match. It's perfectly normal to feel nervous sometimes, but what could you do to help yourself relax and feel more confident?

Put yourself out of your comfort zone and try something that normally makes you nervous.

Exploring emojis

Emojis are pictures that we use to express thoughts, feelings and emotions.

Try and write one of the Guide laws using emojis (the Guide Laws are in your badge book). If you show it to someone in your family, are they able to guess which Guide law you have written?

Your next challenge is to create your own emoji, make sure it has a meaning. What do your family members think of your new emoji?

Charlie, Bravo, Alphabet

First you need to make a string telephone. Do some research to find out how to make one.

Try using the string telephone with someone in your family. Are you able to hear each other? Spell out some words using the phonetic alphabet - is your family member able to guess the word you're spelling?



The phonetic alphabet			
A	Alpha	N	November
B	Bravo	O	Oscar
C	Charlie	P	Papa
D	Delta	Q	Quebec
E	Echo	R	Romeo
F	Foxtrot	S	Sierra
G	Golf	T	Tango
H	Hotel	U	Uniform
I	India	V	Victor
J	Juliet	W	Whiskey
K	Kilo	X	X-ray
L	Lima	Y	Yankee
M	Mike	Z	Zulu

Sign it spell it

British Sign Language (or BSL) is a visual language, meaning it's made up of hand signs, facial expressions and body language, instead of spoken words. Thousands of people in the UK use it, mainly those who are deaf or have hearing impairments.

Here's the BSL alphabet. Try and learn how to spell your name. Are you able to have a small BSL conversation with someone else? You could even video call another Guide during lockdown and try communicating with each other using BSL!

